

COLD DRINKS

Sprite	18
Fanta Orange	18
Coke / Coke No Sugar products	18
Sparletta Creme Soda / Sparberry	18
Valpré Still / Sparkling Water	18
Lemon Twist / Stoney Ginger Beer	18
Appletiser /Grapetiser	24

FRESH JUICES

Orange / Mango / Quava / Fruit cocktail / Apple	17
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MILKSHAKES

(sorry, no kiddie size) All made with vanilla ice cream and fresh products

Vanilla	41
Chocolate	42
Strawberries	44
Mixed berries	44
Coffee	46
Rooibos	44
Banana	44
Tropical Breeze	44
Peanut Butter	46
Milo	46
Chai	47
Hazelnut spread	47
Bar One	47

OUR STORY

My grandfather returned home from WW2 and this is where my future Waffle journey began. Money was scarce and ingredients were in short supply, so families played around with lighter variations of batter and dough. I spent a lot of time with my grandparents and lived for my weekend treat of Oma's delectable waffles! After her passing I was gifted with her recipe book and waffle irons. Till this day the recipe has never changed.

In 2008 my husband and I moved to South Africa and I fell in love with The Helderberg. After working in a coffee shop initially, it was time to dust off my waffle irons and do what I love to do ...waffling!

Over thirteen years later and customers still come from near and far to The Belgian Waffle House in Strand.



OPEN 7 DAYS
A WEEK

8am – 5:30pm

97 Beach Road, Strand, Cape Town

021 853 7025

SWEEET WAFFLES OR PANCAKES

All served with vanilla ice cream or whipped cream. (Extra ice cream or whipped cream R11)

Honey	55
Syrup	55
Caramel sauce	55
Chocolate sauce	55
Yoghfruit spread (fruitcubes, yoghurt and cream)	54
Fresh fruit	62
Cinnamon apples & raisins	62
Hot cherries in syrup	62
Mixed berries (naturally sour)	59
Strawberries (seasonal)	62
Caramelised peaches	59
Belgian chocolate mousse	62
Banoffee	62
Banachoc	62
Banacar	62
Custard	57
Sweet roasted nuts	62
Smarties	54
Chocolate Vermicelli	54
Peanut Butter Sauce	57
Choc Hazelnut spread / Nutella	59
Berry Coulis	57
Lemon Curd	57
Bar One spread	59
Speculada spread	62

MORE SWEET No waffle or pancake

Dame Blanche (Vanilla ice cream, chocolate sauce, and whipped cream)	43
Coupe fresh fruit (vanilla ice cream with fresh fruit and whipped cream)	49

SAVOURY WAFFLES OR PANCAKES

Breakfast waffle / pancake: Scrambled eggs with bacon pieces & fresh tomato	62
Scrambled eggs with smoked ham & cheese	64
Scrambled eggs with bacon pieces & cheese	64

Ham, cheese & pineapple or tomato	77
Tuna mayo	77
Smoked chicken mayo	79
Bolognaise sauce	79
Feta & tomato & cucumber	77
Creamy spinach & feta	79
Chicken curry (available on rice)	79
Malay mince with coconut	79
Creamy chicken & mushroom	79

Every filling / topping is also available in a sandwich

SOUL FOOD

Healthy breakfast: yoghurt & muesli & fresh fruit	59
Junior breakfast, 2 slices of toast with butter cheese and jam	31
Muffin with butter, cheese and jam	27
Sco-ffle	55
Pasta bolognaise	73
Homemade quiche of the day	57
Tuna salad with boiled eggs	76
House Salad with feta and nuts	79
Smoked chicken and fruit salad	79
Bobotie with rice	79

HOT DRINKS

Americano (house blend espresso topped with hot water)	21
Cappuccino	25
Creamocino	27
Single espresso	17
Double espresso	29
Latte – Cafe	29
Latte – Flavoured Cafe (Vanilla, Carmarel or Chocolate)	31

Decaffeinated extra R2

FOR THE NON-COFFEE LOVERS:

Milo	27
Hot Chocolate / White Chocolate	27
Red Cappuccino	27
Latte – Red	29
Latte – Chai	29
Latte – Hazelnut	29

Ceylon tea	19
Rooibos tea	19
Green tea	22
Earl Grey tea	22
Mint tea	22
Berry tea	22



All prices include VAT